

PROFESSIONAL PRACTICE GROUP

The following are some of the aims that emerged from reflections with the Professional Practice Group

- to integrate existential theory into counselling/therapy practice
- to practice existential counselling/therapy skills and to receive feedback
- to take risks and to practice our creative edge as therapists
- to help each other critically reflect on our counselling/therapist role
- to support each other in their learning and to give appropriate feedback
- to support each other in their personal journeys as part of their integration of learning