

LEARNING GROUPS

Participants comments:

" I have really enjoyed the learning group and the interaction within the group and the input of the leaders. I have learnt and understand so much more from our encounters and practicing how to work existentially. I feel that my sessions are richer for the existential awareness that I take to them. I look forward to continuing with the group next year."

"I am stimulated and educated each time we meet. I feel a significant amount of time is spent exploring ideas around the topics and that I believe is essential to my better understanding and practicing existential associated counselling and psychotherapy. It is this exploration and discussion of each participants views that is a valuable resource for me. I have looked for this kind of discussion/supervision/professional development since I began practicing. Now I have found it."

"I have benefited greatly from the learning group I have attended with fellow counsellors and psychotherapists, by hearing different viewpoints, sharing cases and being personally challenged on my own methods and knowledge. The readings have enriched my understanding of existential themes and methods, and have provided the group with much fodder for challenging discussion - a ripe environment from which to learn. Coming together with like minded professionals on a monthly basis has also led to friendships which enabled us to share experiences, doubts and issues that arise in practice - something I have found extremely supportive."

"The Learning Group has provided me the freedom to explore human qualities and relationship to the world in a friendly environment that leaves me feeling stimulated and invigorated."