

Managing Supervision in a Group Environment

The levels of complexity, dimensions and depth that exist in a supervisory group are multifaceted and provide a richness that is not experienced in individual supervision. The role of the supervisor is to ensure that each member's growth in competence and confidence is encouraged and closely monitored while a climate of ethical, personal and professional expansion exists.

The supervisory relationship therefore is more diverse in the group setting requiring the supervisor to be mindful of the emerging patterns of relationships, that is, the supervisee, the supervisor, and the group-as-a-whole entity while maintaining the central focus of the supervisory relationship to be the welfare of the client. A further consideration for the group supervisor is the aspect of the group becoming the supervisor.

This workshop proposes to offer a breakdown of the components of being a group supervisor with associated responsibilities. The Wheel of Supervision will provide the underpinning theoretical model for this workshop while group theory will be introduced. Participants will be able to adapt the presented material to their working environment.

Who will benefit?

The course is designed for

- Experienced practitioners who wish to learn about group supervision
- Supervisors who wish to add an existential perspective to their existing knowledge
- Practitioners who provide team or group supervision but wish to extend their knowledge and awareness of group supervision

Learning Outcomes:

- Identify key components and responsibilities of the group supervisor
- Demonstrate understanding in the underpinning theoretical aspects of group supervision
- Develop awareness of personal strengths and areas for development as a group supervisor
- Identify key group structures required for planning an effective supervision group

Content Areas

- Group and team supervision
- Role and responsibility of the group supervisor
- Managing group structures, dynamics and skills
- Creative group supervision
- Existential approach to supervision